

CORROBOREE (NORTH CANBERRA) LITTLE ATHLETICS AGE GROUP CO-ORDINATORS DUTY STATEMENT

Role Purpose

Essentially the main duty of the Age-Group Co-ordinator is to keep the group together and moving from event to event (using the program provided in your folder each week) quickly and ensuring that parents assist in the many facets of running athletic events. It does not require any technical knowledge with respect to coaching the children, but if you can that is obviously an advantage (the Club will provide as much assistance in that regard as possible).

You will find the role both rewarding and fulfilling as you will play a key role in the running of each meet, but as you get to understand the technical aspects of each of the events you can assist the children develop their skills and abilities and be part of them achieving Personal Bests.

Specific Duties

1. At the start of each meet ensure you have a parent who will act as a recorder who can record on the sheets provided by the Club as well on the tickets for the children the results of each event.
2. For the running events, firstly ensure you have some parents who can act as timekeepers. Generally the Club will have someone who can act as the starter, so your duty will be to marshal the children into the lanes so that we can get through the races as quickly as possible.
3. For the field events particularly the throwing events and long jump, you will need to get the children in order so that it is easier for the recorder to ensure the results are recorded correctly. You will also need to ensure that the correct equipment is being used for your relevant age-group (all this is listed in the Information Booklet but any of the Committee will be able to ensure you are on the right track for these).
4. Also for the field events you will need to get parents act as helpers as follows:
 - Long Jump – you need 2 parents who can measure the jumps, one to rake the pit and possibly one to sweep the take-off area to ensure you can tell where the next jumper takes-off from.
 - Shot put, discus and javelin – you will need one parent to mark the throw and one to retrieve the throwing device.
 - High Jump – the Club will always have someone who is technically proficient to assist run this event and help coach the children. But a couple of parents to replace the bar and move the bar up is helpful as well.

When your age-group is rostered-on to help with setting up equipment first thing in the morning and for the barbeque any assistance in getting parents to help is always greatly appreciated.

You can also play a part in assisting the Club have children register for the various ACTLAA events including the Multi-Event, Relay Carnival and Regional and ACT Championships

As you can see the role is not difficult but just requires someone who is confident with marshalling children as well as “volunteering” parents to help. You will find that when parents are familiar with the events, you won’t have to do the volunteering; they will step up without being asked.

In addition if you or any other parent has an interest in coaching, to encourage parents to become coaches, the Club will pay for the courses as well as any ongoing Coaching Membership fees (subject to you, of course being an active member within the Club).

For any further questions about being an Age-Group Co-ordinator, please contact Andrew Sutton, President on 0412 618 975.

MANY THANKS